



# Foundations in Music

Kindergarten (First Year)



# SEE-SAW

♥ ♥ ♥ ♥  
See-saw, up and down,

♥ ♥ ♥ ♥  
In the air, and on the ground.



# TEDDY BEAR, TEDDY BEAR

RHYME



Teddy bear, teddy bear



touch the ground;



Teddy bear, teddy bear,



turn around;



Teddy bear, teddy bear,



climb upstairs;



Teddy bear, teddy bear,



eat a pear;



Teddy bear, teddy bear,



switch off the light;




Teddy bear, teddy bear,



say good night.



## REMEMBER:

Every  represents a steady clap. Say the words as you clap steady heart beats.



# COBBLER, COBBLER

♥                      ♥                      ♥                      ♥  
Cobbler, cobbler, mend my shoe,

♥                      ♥                      ♥                      ♥  
Get it done by half-past two,

♥                      ♥                      ♥                      ♥  
Half-past two is much too late,

♥                      ♥                      ♥                      ♥  
Get it done by half-past eight.

# SOFT KITTEN

Soft kitten, warm kitten,

Little ball of fur,

Lazy kitten, pretty kitten,

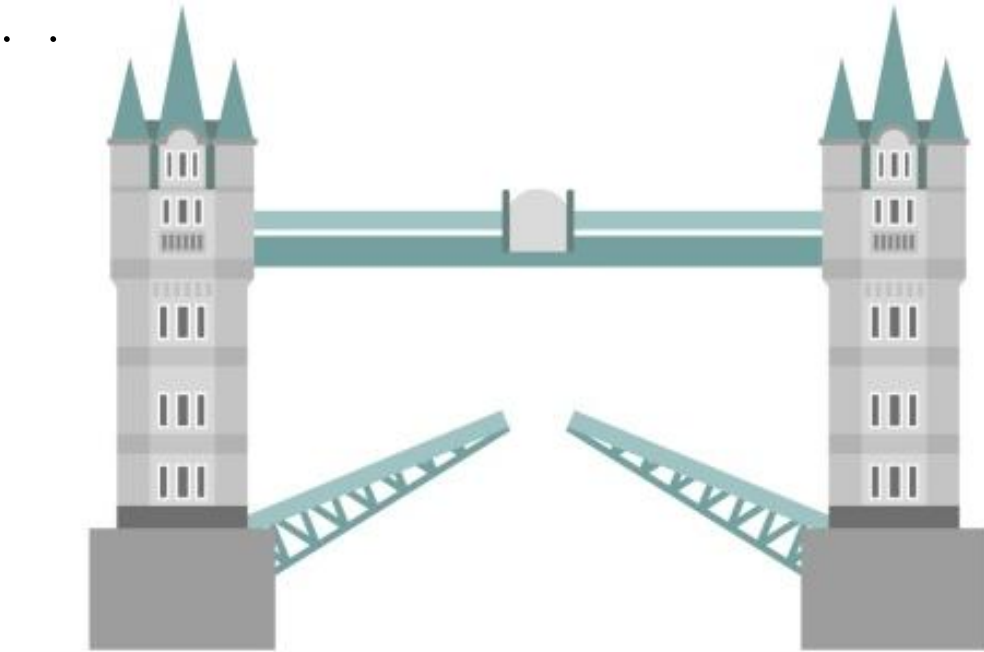
Purr, purr, purr. .



# UP AND DOWN

Up and down and up and down,

This is the way to [London] town.





# OLIVER TWIST

Oliver Twist, you can't do this,

So what's the use in trying?

Pat your knees and touch your toes,

Clap your hands and around you go.

...

# CHOP, CHOP



♥ ♥ ♥ ♥  
Chop, chop, choppity chop,

♥ ♥ ♥ ♥ ♥  
Chop off the bottom and chop off the top

♥ ♥ ♥ ♥ ♥  
What there is left we will put in the pot,

♥ ♥ ♥ ♥ ♥  
Chop, chop, choppity chop.

...





# SLOWLY, SLOWLY



Slowly, slowly, very slowly,

creeps the garden snail,

Slowly, slowly, very slowly,

up the garden rail.

...

Faster, faster, so much faster,

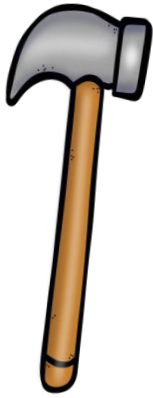
runs the little mouse,

Faster, faster, so much faster,

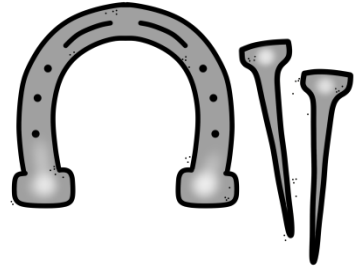
'round his little house.



...



# HOB, SHOE, HOB



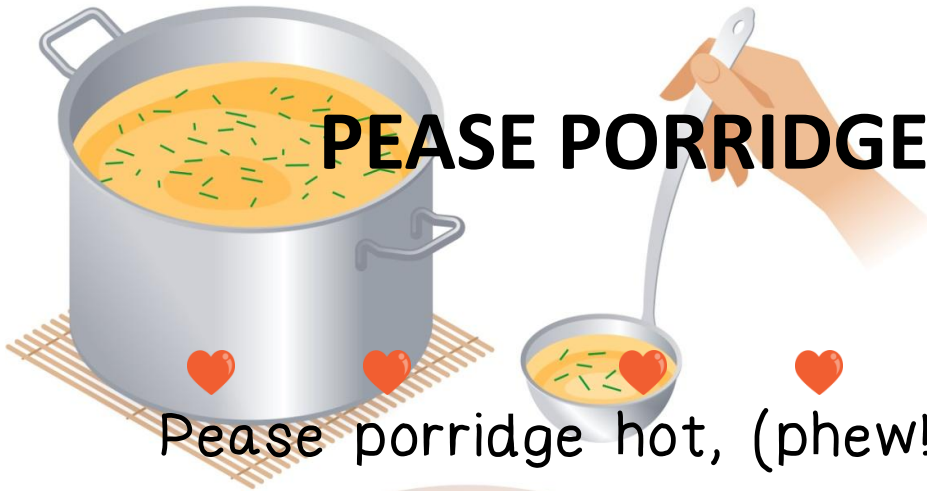
♥ ♥ ♥ ♥  
Hob, shoe, hob, (bang!)

♥ ♥ ♥ ♥  
Hob, shoe, hob, (bang!)

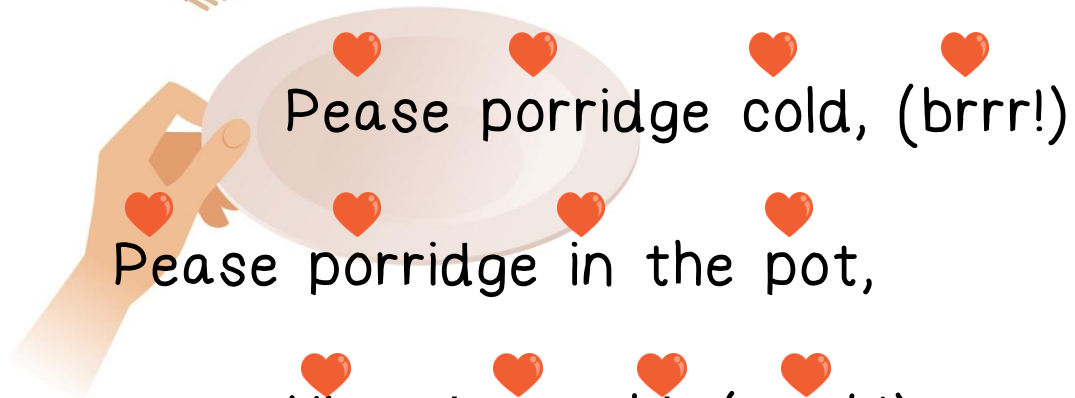
♥ ♥ ♥ ♥  
Here a nail, there a nail,

♥ ♥ ♥ ♥  
That's well shod. (bang!)





Pease porridge hot, (phew!)



Pease porridge cold, (brrr!)

Pease porridge in the pot,

Nine days old. (yuck!)

Some like it hot, (phew!)

Some like it cold, (brrr!)

Some like it in the pot,

Nine days old. (yuck!)

# BELL HORSES

♥ ♥ ♥ ♥  
Bell horses, bell horses,  
♥ ♥ ♥ ♥  
What time of day? (ding!)  
♥ ♥ ♥ ♥  
One o'clock, two o'clock,  
♥ ♥ ♥ ♥  
Three and away!. (ding!)



# NAUGHTY KITTY CAT



Naughty



kitty



cat,



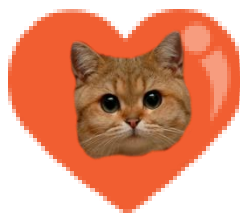
(meow)



You are



very



fat,



(meow)



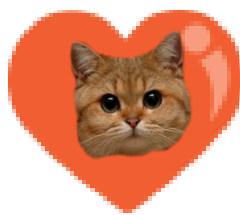
You have butter on your whiskers,



Naughty



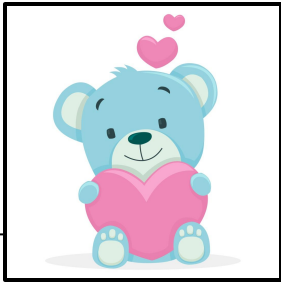
kitty



cat,



(meow)



# TEDDY BEAR, TEDDY BEAR

Say ta for |, ti-ti for ▭ and sh for z

Teddy bear, teddy bear,



touch the ground;



Teddy bear, teddy bear,



turn around;



Teddy bear, teddy bear,



climb upstairs;



Teddy bear, teddy bear,



eat a pear;



Teddy bear, teddy bear,



Switch off the light;



Teddy bear, teddy bear,



Say goodnight.





Say and clap the following rhythmic patterns.

1.



2.



3.



4.



5.



# Songs from Around the World







# ARIRANG

Korean Folksong



Arirang, Arirang, Arariyo...  
Arirang gogaero neomeoganda.  
Nareul beorigo gasineun nimeun  
Simnido motgaseo balbbyeongnanda.  
Cheongcheonhaneuren janbyeoldo manko,  
Urine gaseumen huimangdo manta.  
Jeogi jeo sani Baekdusaniraji, Dongji seotdaredo  
kkotman pinda.



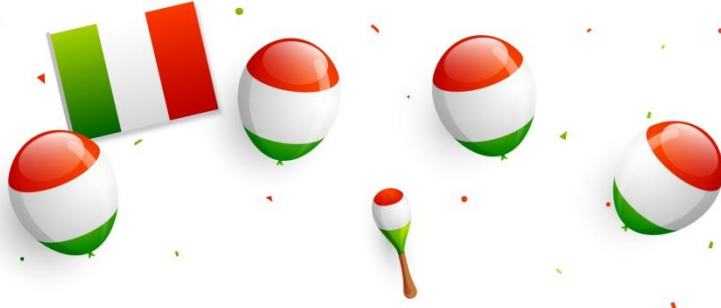
# SITSIRITSIT ALIBANGBANG

Philippines Folksong

Sitsiritsit alibangbang,  
Salaginto, salagubang,  
Ang babae sa lansangan,  
Kung gumiri'y parang tandang.



Santo Niño sa Pandacan  
Puto seco sa tindahan  
Kung ayaw kang magpautang  
Uubusin ka ng langgam.



Viva  
Mexico



## LA BAMBA

Mexican Folksong

Para bailar La Bamba

Para bailar La Bamba

Se necessita una poca de gracia.

Una poca de gracia

Para mi, para ti, ay arriba, ay arriba

Ay, arriba arriba, por ti sere,

Por ti sere, por ti sere

Yo no soy marinero

Yo no soy marinero, soy capitan

Soy capitan, soy capitan

Bamba, bamba

Bamba, bamba

Bamba, bamba, bam....

Para bailar la bamba.



# CHE CHE KOOLAY

Ghanaian Folksong

Che che koolay  
Che che kofisa  
Ko fi sa langga  
Langga si langga  
Kum a le le  
Kum a le le, Hey!



**Ghana**



# FRERE JACQUES

French Folksong

Frère Jacques, Frère Jacques,

Dormez-vous, dormez-vous?

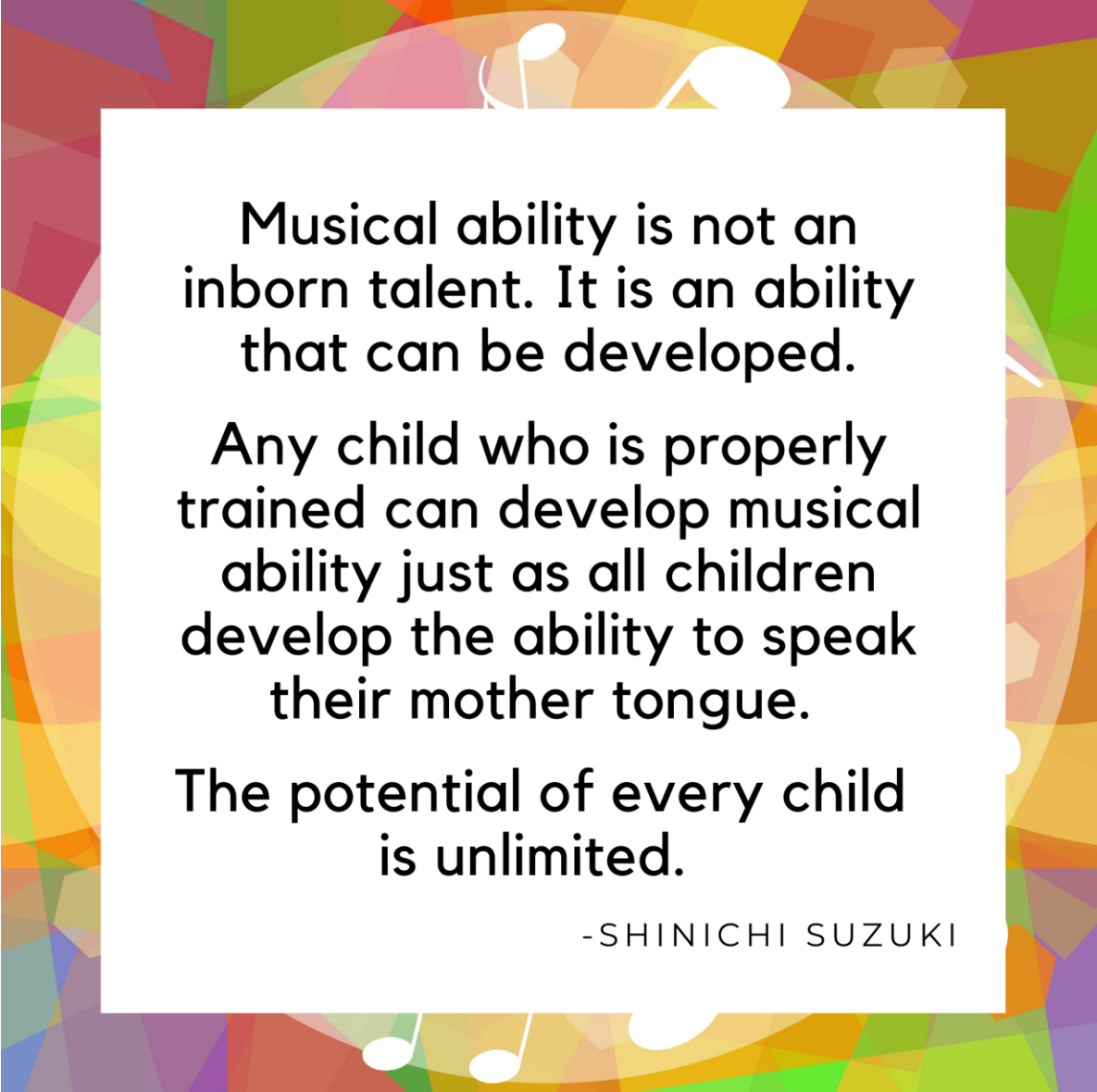
Sonnez le matines, sonnez le

matines

Ding ding dong, ding ding dong!

*Congratulations  
on completing  
your first year of  
Music Lessons!*



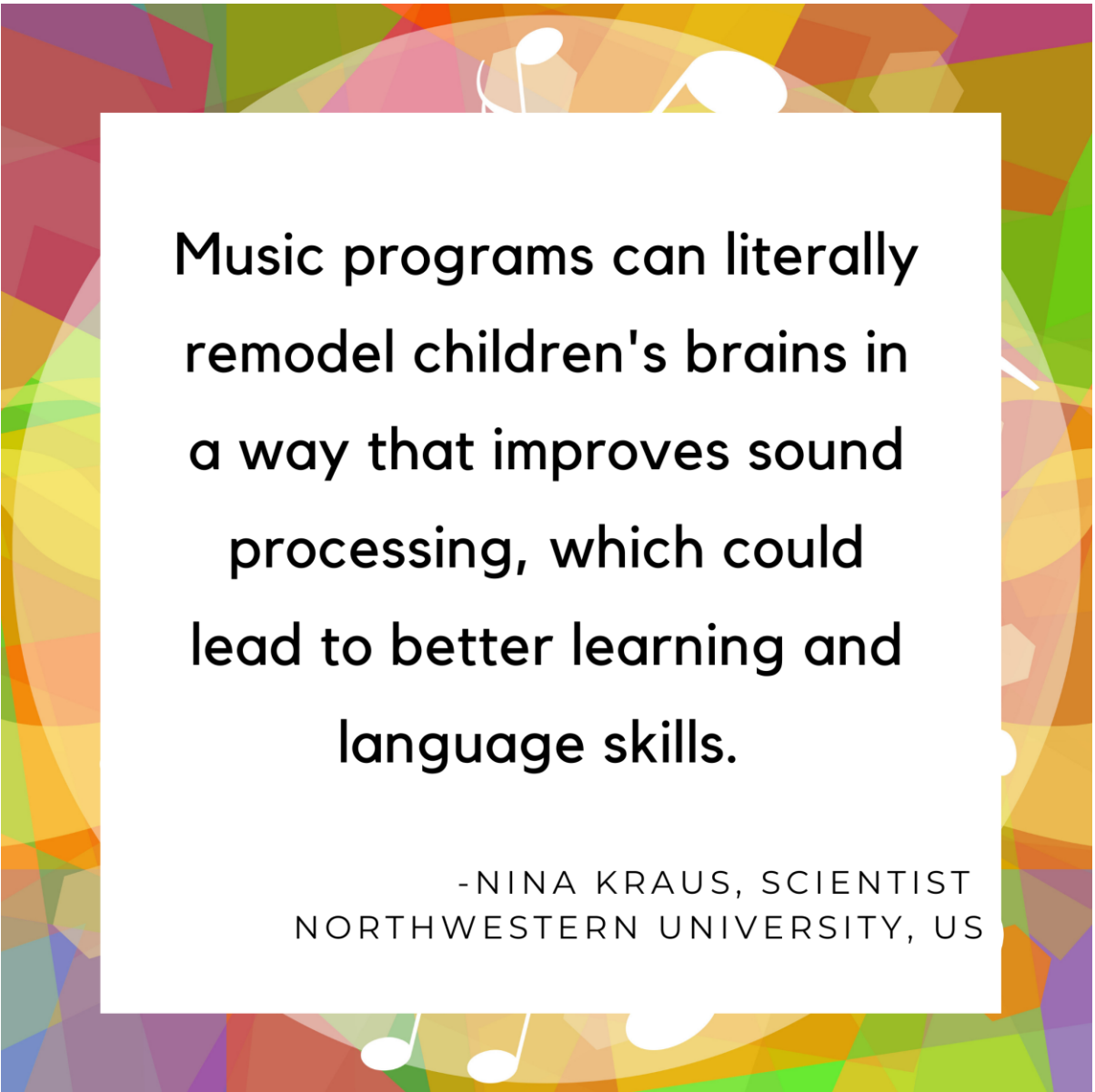


Musical ability is not an  
inborn talent. It is an ability  
that can be developed.

Any child who is properly  
trained can develop musical  
ability just as all children  
develop the ability to speak  
their mother tongue.

The potential of every child  
is unlimited.

-SHINICHI SUZUKI



Music programs can literally remodel children's brains in a way that improves sound processing, which could lead to better learning and language skills.

-NINA KRAUS, SCIENTIST  
NORTHWESTERN UNIVERSITY, US